



Support for Children with Cerebral Palsy in the townships of South Africa





THE NEED In South Africa there are many children with disabilities who do not have access to regular therapy or assistive equipment. The most recent statistics show that as many as **4 children in 1000** births have cerebral palsy. The prevalence is exceptionally high in our country and although there are public systems in place, they fall desperately short of meeting the holistic needs of each child and family.



WHAT WE DO

At our **workshop** in Jeffreys Bay we design and produce affordable and durable assistive equipment required by children who have special needs.



Our **outreach** programme comprises therapists and family facilitators who visit children with disabilities and their families to support them emotionally and spiritually, as well as empower them through



We founded **Alena's Love Daycare** for precious children in 2019, and since then, we have grown to provide care for 8 children, intending to double in the future.



We provide the opportunity for children with disabilities to receive **hippotherapy** (therapy through horse riding).



The goal of our **vegetable garden** is to build a sustainable food-growing project that aims to improve food security for the communities in which we work.



We run various types of **camps** where children are individually cared for whilst carers are given support and the opportunity to have some fun filled time with practical encouragement.

THE IMPACT Since 2007 Timion has been able to support more than **1500 children with disabilities** through donating more than **4500 pieces of equipment**. Our outreach programme has reached more than **700 families** in the Eastern Cape and we have hosted more than **250 families at our camps**. We are also able to further support a hand full of families through Alena's Love Daycare Centre. The harvests from our vegetable garden continue to **support local** organisations and communities. And we hope the development of the Timion Village allows for our various projects to continue growing and our **vision to be lived out in its fullness**.



WORKSHOP



est.
2007

ABOUT THE PROJECT

Our workshop houses the design, development and production of therapeutic equipment for children with disabilities. It is also a space for hosting skilled volunteers and upskilling staff. Timion equipment is produced by a team of trained carpenters and is either donated or sold privately. It is distributed locally by our outreach team or nationally. In addition to our therapeutic equipment, furniture and décor, toys and games and custom products are made to generate additional income.

Our experience of more than 10 years has shown that it is of great importance that the technical staff and the therapists work closely together. This ensures each device's design is optimal and functional for each child and family. Our two self-built CNC machines have also significantly increased the design possibilities.



FROM OUR INCEPTION UNTIL NOW, WE HAVE...



DESIGNED
35
ASSISTIVE
DEVICES



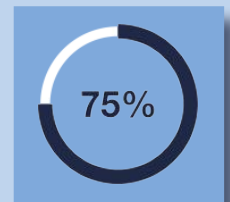
TRAINED
50
STAFF
MEMBERS



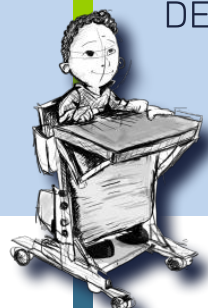
HOSTED
100
INTERNATIONAL
VOLUNTEERS



PRODUCED
6126
ASSISTIVE
DEVICES



DONATED
4610
ASSISTIVE
DEVICES
**WORTH MORE
THAN
£ 355000 /
ZAR 7.5 Mio**



OUTREACH PROGRAMME

est.
2007

ABOUT THE PROJECT

Our aim is to equip and empower the caregivers of children with cerebral palsy. Whilst Timion's original focus was to support children with CP (cerebral palsy), it quickly became apparent that their caregivers were in much need of emotional and spiritual support. We have since expanded the vision from equipment provision and therapy training to include holistic support for families. This ensures our efforts are both beneficial for the children and sustainable for families.

Our outreach team consists of two occupational therapists and two trained family facilitators who work closely together doing homevisits. Together they provide equipment and equipment training, run support groups, do counselling sessions and train caregivers to provide daily basic therapy.



SINCE STARTING, WE HAVE...



STARTED
13
SUPPORT
GROUPS



VISITED
785
FAMILIES



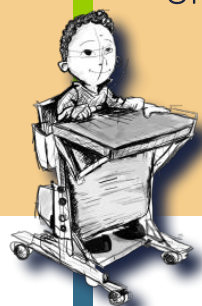
CONDUCTED
4940
HOMEVISTS



COSTING PER DAY
£ 185 / ZAR 4000
FOR 2 TEAMS
EXCL. EQUIPMENT DONATIONS



"When my child was small, Timion was with us, even now, they are with us...Timion is not playing a big role only to my child's life, also they are playing a part in my life"



www.timion.org

ALENA'S LOVE DAYCARE CENTRE

est.
2019

ABOUT THE PROJECT

Alena's Love is a place where children with disabilities, mainly cerebral palsy (CP), are honoured and loved. Timion opened Alena's Love in a quiet residential area of Kwanobuhle, a township near Uitenhage, South Africa in March 2019. The centre is run by qualified Early Childhood Development (ECD) Facilitators and supporting staff members from Timion. The staff comprises families who have been part of Timion for numerous years and they each have a child with CP.

Currently, the daycare hosts 8 children between the ages of 5 and 15 years and each day is filled with group activities, snacks, songs, fresh food, individual stimulation and a Bible story reading.



OUR VISION is to expand Alena's Love to host up to **16 children** and create opportunities for which families and the local community will also



£ 150 / ZAR 3200
COSTING PER CHILD,
PER MONTH



www.timion.org

VEGETABLE GARDEN

est.
2020

ABOUT THE PROJECT

Empowering families through gardening skills has been a Timion dream for numerous years. Food poverty and security is an ongoing problem for many households in South Africa, and was significantly exacerbated by the Covid-19 pandemic. During this challenging time we found ourselves looking at new ways to work and serve; ultimately realising this was an opportunity to start our own vegetable garden. The vegetable garden is situated at the Timion Village, is managed based on the principles of 'Farming God's Way', and is an integral part of our vision in various ways.



IN 6 MONTHS WE HAVE...

harvested more than 23 various foods

& donated more than 1000 units of vegetables to various local



COSTING PER MONTH

£ 620 / ZAR 13200

THE TOTAL MONTHLY COSTS OF
RUNNING THE GARDEN PROJECT

VISION

Other than local food distribution and donation, we aim to use our garden to equip Timion families. "Gardens of Faithfulness" is a new programme launched by Farming God's Way during Lockdown 2020 which uses the same principles we manage our garden but on a smaller scale for home growing in 1x2m boxes. Once we have finished the renovations of the new Timion Village site and are able to host camps on our own premises, the vegetable garden will become a platform from which we can equip families with this tool.

TO BUILD
A
SUSTAIN-
ABLE
FOOD-
GROWING
PROJECT



www.timion.org

CAMPS

est.
2009

ABOUT THE PROJECT

Camps are a highlight for everyone – mothers, children and staff alike!

They have become standout events where relationships between carers are formed and strengthened. It is also an exceptional time for the staff and volunteers who all come together to take part.

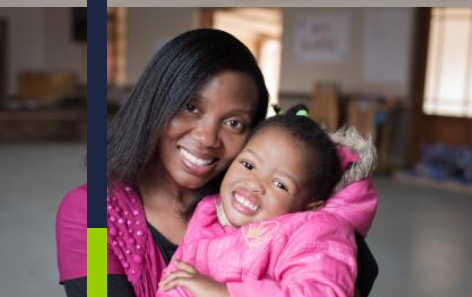
we host 3 types of camps



At our REST CAMP, we host caregivers and their children in Jeffreys Bay for a time of encouragement. Children have fun in meaningful play with the Timion Team, whilst carers have a safe space to break away from daily routine and engage in various restful activities. We also encourage the caregivers to keep in contact after the camp by facilitating support groups in the communities where they live.



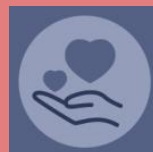
In 2017 we began TRAINING CAMPS by inviting caregivers to learn about cerebral palsy and what can be done in daily life to effectively support their child. We do lessons and practical sessions in the caregiver's mother tongue and aim to equip caregivers with universal and individual therapy techniques.



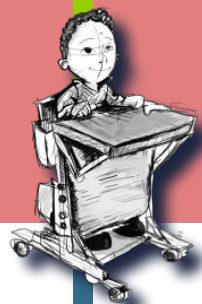
In 2018 we pioneered our first DEBRIEF CAMP. These have significant impact as caregivers are offered the rare opportunity of time and space to stop, reflect, and deal with the disappointments. While the caregivers debrief, their children engage in exciting activities with the Timion team.



WE HAVE...
**HELD 28 CAMPS AND
HOSTED 249 FAMILIES**



COSTING PER CAMP
£ 780 / ZAR 16600



www.timion.org

HIPPOTHERAPY

est.
2016

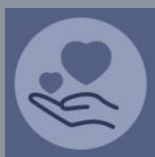
ABOUT THE PROJECT

Hippotherapy is a physical, occupational and speech therapy treatment strategy that utilises the movement of a horse to provide carefully graded motor and sensory input whilst the client rides the horse. Since 2016 we have held individual Hippotherapy sessions for groups of 4 to 6 children, once a week for a period of 8-10 weeks.

The therapists and volunteers work with child-specific goals, ranging from improved balance to enhanced vision and hand function. During the Hippotherapy sessions we see progress and improvements within the therapeutic goals. Even more encouraging however, is the feedback from the caregivers who have observed improvements in their child's daily activities at home.



WE HAVE...
HELD 6 PROGRAMMES & HELPED 36 CHILDREN



COSTING PER CHILD
£ 420 / ZAR 9000
PER PROGRAMME OF 10 THERAPY SESSIONS



TIMION VILLAGE

est.
2019

ABOUT THE PROJECT

Through fundraising, Timion was able to purchase land in 2019! The development of our 1-hectare erf holds much potential as we hope for it to become a home base for our many dynamic and varied projects. We have already established our vegetable garden here and built 2 of our 5 bungalows.



PHASE 1: BUNGALOWS

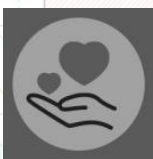
PURPOSE Our camps are currently held at a hired local campsite, which proves costly and confines our camps to the sites availability. Bungalows boasting two bedrooms, with a bathroom and very spacious living areas have been designed to host caregivers and their children with cerebral palsy at the Timion village. Sensitive to the needs of a caregiver who has a child with cerebral palsy, our bungalow layout is mindful of utilising space for easy equipment use and wheelchairs. They also have the possibility of housing volunteers when camps are not underway.

COST PER BUNGALOW

£ 13470 / ZAR 286500

ESTIMATED COSTING

FROM THE FIRST 2 BUNGALOWS



Update December 2022: We still need £10`000 / ZAR 212`000 to complete construction of Bungalow 3 and 4

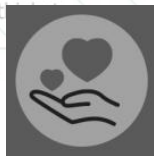
www.timion.org





PHASE 2: WORKSHOP

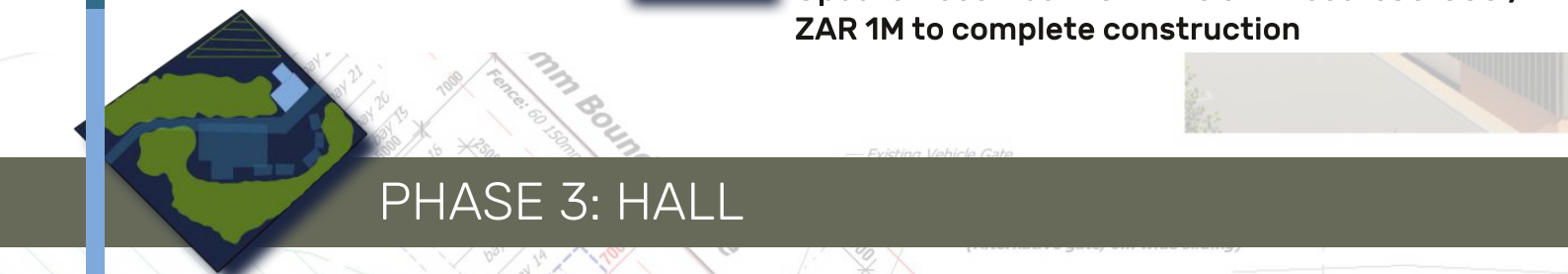
PURPOSE Our current workshop and office spaces (joint industrial garages) are filled to capacity with people and projects. And we continue to grow. The workshop producing the therapeutic equipment takes the most strain with large machinery needing to operate in cramped spaces – hindering productivity and pushing the boundaries on safety. We have designed a workshop on the Timion Village that will host all of our departments, including our seamstress who currently works offsite due to limited space. Additionally, we hope the workshop creates a broader platform for us to continue and expand in-house skills training in carpentry and ongoing product development.



ESTIMATED
COSTING

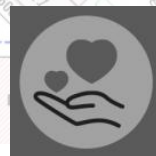
£ 181200 / ZAR3.8 Mio

Update December 2022: We still need £50`000 / ZAR 1M to complete construction



PHASE 3: HALL

PURPOSE Our third and final phase will be the completion of a hall where we can host the children's programme during our camps. The hall will have multiple purposes but most importantly enable us to host persons with disabilities comfortably – with the design allowing for easy access and ample space for wheelchairs and equipment devices. We hope it to be a place that allows for Timion children and families to gather and engage in various fun and social activities to make memories and create strong relationships.



ESTIMATED
COSTING

£ 103500 / ZAR 1,2M



DONATE TO A CHILD WITH DISABILITY...

Want to donate equipment directly to a child? We can make it happen!



STANDING
FRAME
£ 230 / ZAR 4900



POSTURE CHAIR
£ 380 / ZAR 8000



REVERSE ROLLATOR
£ 180 / ZAR 3800



SIDELYER
£ 180 / ZAR 3800





Contact Us



info@timion.org

Tel:
042 293 4296

PO Box 4404
Aston Bay 6332

Follow Us



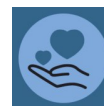
Visit us



www.timion.org

Ferlot Stores 3
3 Lootspark Cres
Jeffreys Bay
6330

Support Us



Timion NPC
Absa
Cheque Acc.
4080730009
Branch Code
632 005



www.timion.org/donate

NPO Registration Number 121-166 NPO | PBO number: 930043368

